

## Online Safety Advice



- London Grid for Learning Trust website  
<https://lgfl.net/safeguarding/parentalsupport>
- Childnet Childnet cyberbullying website  
<https://www.childnet.com/parents-and-carers/>
- UK Safer Internet Centre guides and resources  
<https://saferinternet.org.uk/guide-and-resource/parents-and-carers>
- Childline website  
[https://www.childline.org.uk/?utm\\_source=google&utm\\_medium=cpc&utm\\_campaign=UK\\_GO\\_S\\_B\\_BND\\_Grant\\_Childline\\_Information&utm\\_term=role\\_of\\_childline&gclid=EAlalQobChMIlfLRh-ez6AIVRrDtCh1N9QR2EAAYASAAEgLc-vD\\_BwE&gclid=EAlalQobChMIktuA5LWK2wIVRYXVCh2afg2aEAAYASAAEgIJ5vD\\_BwE](https://www.childline.org.uk/?utm_source=google&utm_medium=cpc&utm_campaign=UK_GO_S_B_BND_Grant_Childline_Information&utm_term=role_of_childline&gclid=EAlalQobChMIlfLRh-ez6AIVRrDtCh1N9QR2EAAYASAAEgLc-vD_BwE&gclid=EAlalQobChMIktuA5LWK2wIVRYXVCh2afg2aEAAYASAAEgIJ5vD_BwE)
- Internet Matters website  
[https://www.internetmatters.org/?gclid=EAlalQobChMIktuA5LWK2wIVRYXVCh2afg2aEAAYASAAEgIJ5vD\\_BwE](https://www.internetmatters.org/?gclid=EAlalQobChMIktuA5LWK2wIVRYXVCh2afg2aEAAYASAAEgIJ5vD_BwE)
- CEOP <https://www.ceopeducation.co.uk>
- Common Sense Media website <https://www.common Sense media.org>

## Books for Mental Health



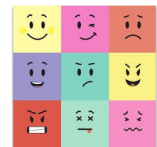
- <https://www.booksfortopics.com/booklists/topics/pshe-emotional-literacy-citizenship/mental-health/>
- <https://www.books2door.com/collections/childrens-mental-health?srsId=AfmBOOrLuZUB3R8G4RkdUpsfq2YsSYjGLFO05IQ5R4yF8VARVg-Fff92>
- <https://www.booktrust.org.uk/booklists/m/mental-health-awareness/>
- <https://www.scottishbooktrust.com/book-lists/childrens-books-exploring-mental-health-and-wellbeing>



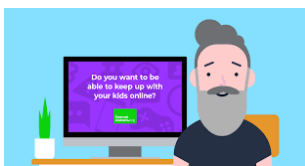
## Books for Anxiety and Wellbeing

- <http://overreading4kids.co.uk/blog/anxiety-wellbeing-80-books-to-help-children-nurture-good-mental-health-6083>

## Books to support Emotional Literacy



- <https://www.booksfortopics.com/booklists/topics/pshe-emotional-literacy-citizenship/emotional-literacy-elsa/>



## Picture books for Internet safety

- <https://www.booksfortopics.com/booklists/topics/science-maths-computing/internet-safety/>