

PSHE



We equip children with knowledge, skills, and resilience to make safe, healthy choices, build relationships, and thrive personally and socially.

Intent	Implementation	Impact
<p>Our PSHE curriculum aims for children to</p> <ul style="list-style-type: none"> ● Develop self-awareness, confidence, and emotional literacy. ● Build positive relationships and effective communication skills. ● Understand physical, mental, and emotional health, including healthy lifestyle choices. ● Learn about rights, responsibilities, and living in a diverse society. ● Develop resilience, problem-solving, and decision-making skills for personal and social wellbeing. ● Prepare for future opportunities, economic understanding, and safe engagement in the wider world. 	<p>Our curriculum is structured for coverage, progression, and depth:</p> <p>We achieve our intent through:</p> <ul style="list-style-type: none"> ● Structured curriculum: Age-appropriate PSHE units delivered progressively from EYFS to Year 6. ● Health education: Teaching about physical and mental health, nutrition, safety, and wellbeing. ● Relationships education: Focusing on friendships, family, respect, empathy, and managing conflict. ● Economic and citizenship awareness: Understanding money, budgeting, employment, and community responsibilities. ● Enquiry-based and discussion-led learning: Using scenarios, role-play, and reflective activities to develop skills and understanding. ● Enrichment opportunities: Workshops, visitors, and themed events to enhance awareness and engagement. ● Career awareness and aspiration: Guest speakers, career workshops, enterprise projects, and STEM opportunities 	<p>By the time children leave Stadhampton Primary School, they will:</p> <ul style="list-style-type: none"> ● Demonstrate self-confidence, resilience, and emotional literacy. ● Build and maintain positive, respectful relationships. ● Make informed decisions about their physical and mental health. ● Understand and respect diversity, rights, and responsibilities. ● Apply problem-solving and decision-making skills in real-life situations. ● Be prepared for secondary education and life as responsible, aware, and healthy individuals.