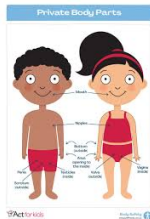
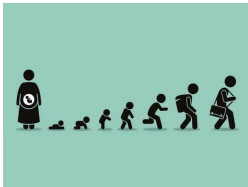




	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Zones of Regulation will continue across all terms						
Ladybirds (Rec/ Year 1)	Be Yourself	One World	Think Positive	Diverse Britain	Safety First	Growing up
Key Question	What makes me special?	Is everyone's life the same?	Should we always think positively?	What is diversity?	How and why should I keep myself safe?	Why is it important to know some parts of our body are private?
						
Dragonflies (Year 2)	Be Yourself	One world	Think positive	Diverse Britain	Safety First	Growing up
Key Question	What makes us special? Why is it important to be kind to ourselves?	How are the lives of others different around the world? Why is it important to understand how lives differ around the world?	What is positive thinking? How can it help us feel good?	What does it mean to belong to a community? What can we do to help our school community?	What can we do to keep ourselves safe? What should we do if we don't feel safe?	What are the main parts of our bodies? Which body parts are private?
						
Hedgehogs (Year 3 and 4)	Be yourself	One world	Think positive	Diverse Britain	Safety First	Growing up
Key Question	What makes us unique and how can we be confident in who we are?	How can we live together respectfully in a diverse and connected world?	How can a positive mindset help us manage challenges and succeed?	How can we respect and celebrate diversity in Britain?	How can we keep ourselves and others safe in different situations?	How do we change as we grow and how can we manage these changes positively?
						
Otters (Year 5 and 6)	Be Yourself	One world	Think positive	Diverse Britain	Safety First	Growing up

Key Question	Is it OK to think and feel differently to other people? What does 'being an individual' mean and why is this a good thing?	What does it mean to be a global citizen? How can we be responsible global citizens?	How do helpful and unhelpful thoughts affect the way we feel and act?	What kind of people live in our nation? How can we show respect for people whose faith or ethnicity is different from our own?	What does it mean to take responsibility for our own safety? How can we do this?	What are the changes that occur in boys' and girls' bodies during puberty? How can we look after our changing bodies as we grow?
						